Maximising ARRS Pharmacy Roles by Leveraging Digital

Affreen (Affy) Mohammed
Independent Prescriber Lead Clinical Pharmacist and
Pharmacy Service Manager, Drake Medical Alliance PCN



Disclosures

Affreen Mohammed:

 Daiichi Sankyo – Consultant, Advisory board attendee, EAS event registration fees, travel and accommodation.



Understand digital tools enabling ARRS pharmacy roles



Explore lipid management workflows





Discover how QOF optimisation is embedded



Learn practical takeaways from Drake PCN

Setting the Scene



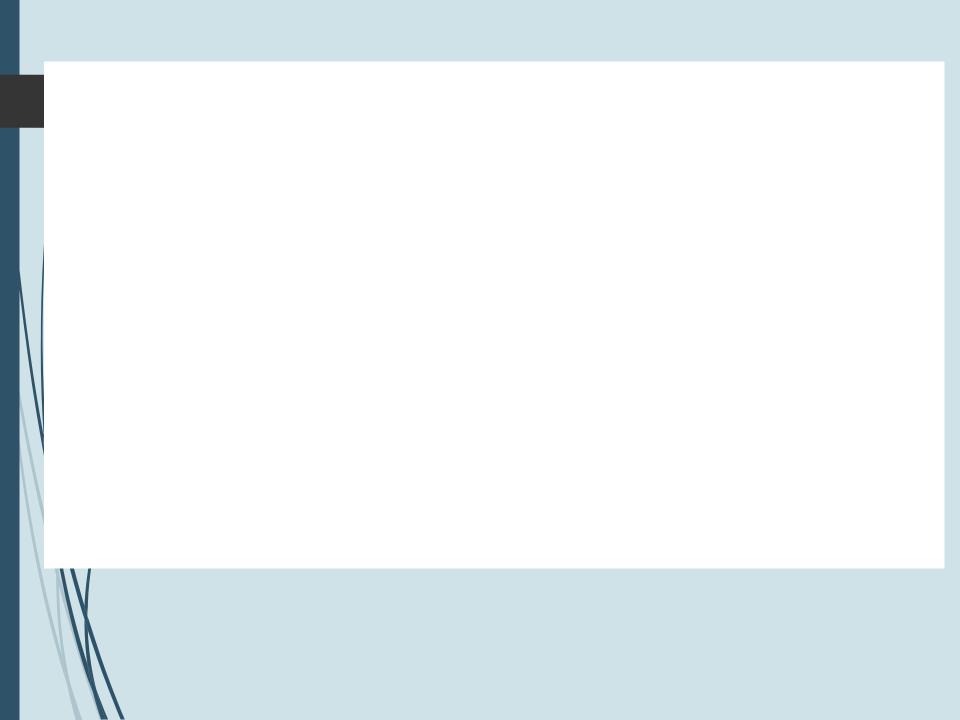
Primary Care Network (PCN) evolution



ARRS roles: key to digital transformation

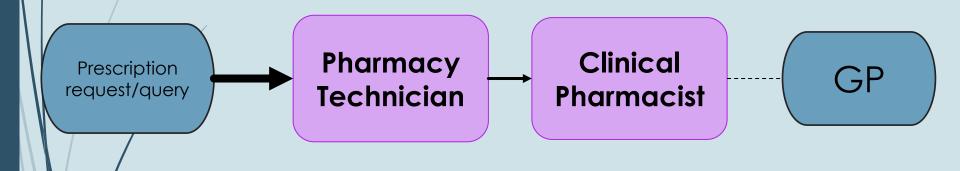


Focus on pharmacy digital leadership



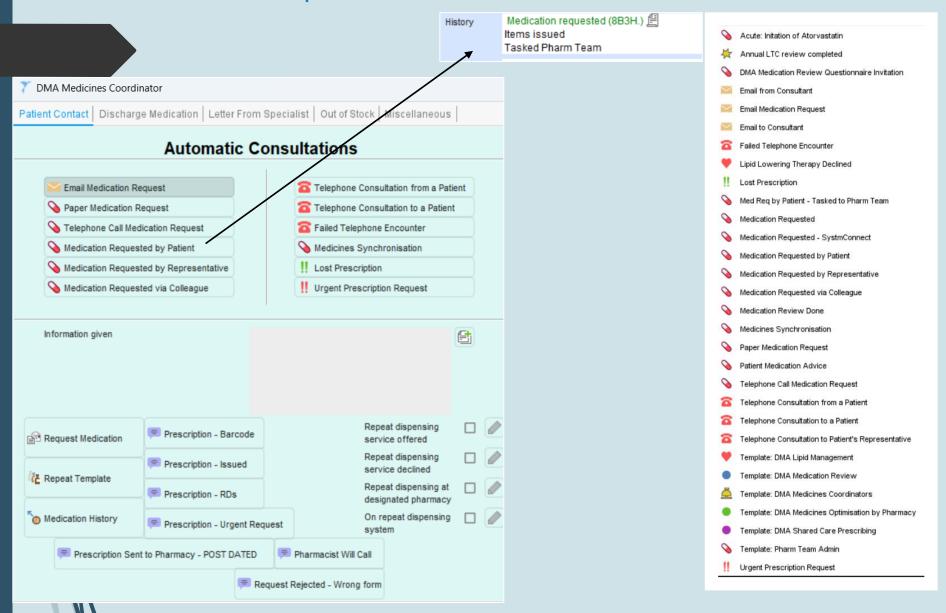
Prescription Hub

Prescription Hub and Workflow





Tools for Prescription Hub



Lipid Management Strategy

CVDPrevent

Cholesterol Management

CVDP003CHOL: Percentage of patients aged 18 and over with no GP recorded CVD and a GP recorded QRISK score of 20% or more, on LLT

September 2022

Area value

System median

National value

59.59%

57.76%

December 2024

Area value

66.62%

System median
62.21%

National value

62.74%

CVDP007CHOL: Percentage of patients aged 18 and over, with GP recorded CVD (narrow definition), in whom the most recent blood cholesterol level (measured in the preceding 12 months) is non-HDL cholesterol less than 2.5mmol/l or LDL-cholesterol less than 1.8mmol/l

September 2022

Area value System median National value 23.43% 26.95% 24.98%

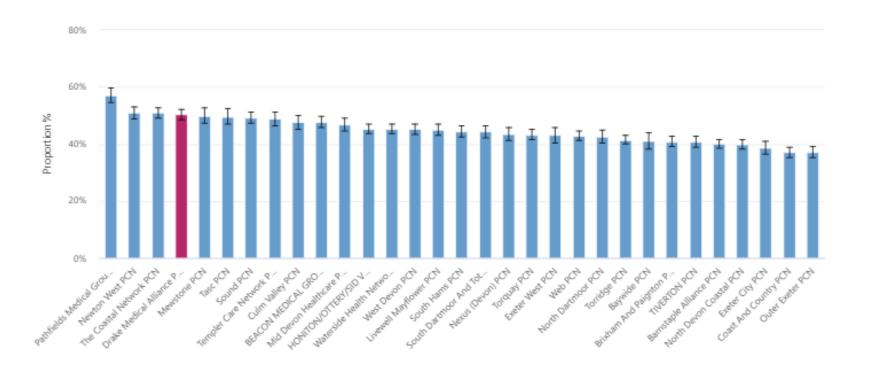
CVDP012CHOL: Patients with recorded CVD (narrow definition), whose most recent blood cholesterol level is LDL-cholesterol less than or equal to 2.0 mmol/l or non-HDL cholesterol less than or equal to 2.6 mmol/l, in preceding 12 months.

December 2024

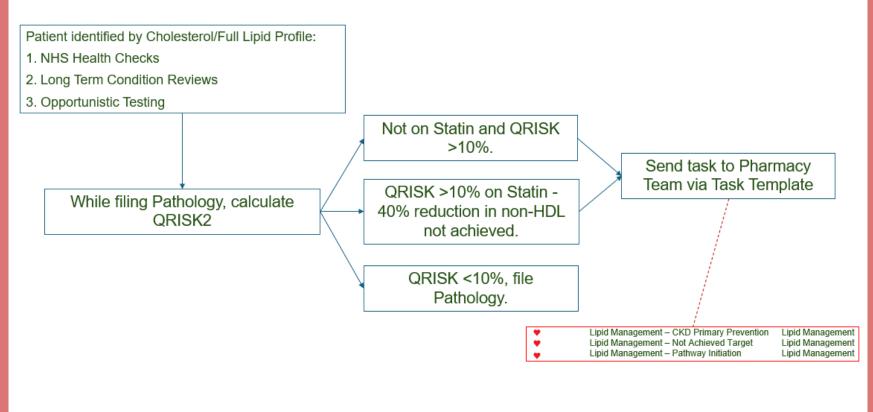
Area value System median National value 46.79% 46.88%

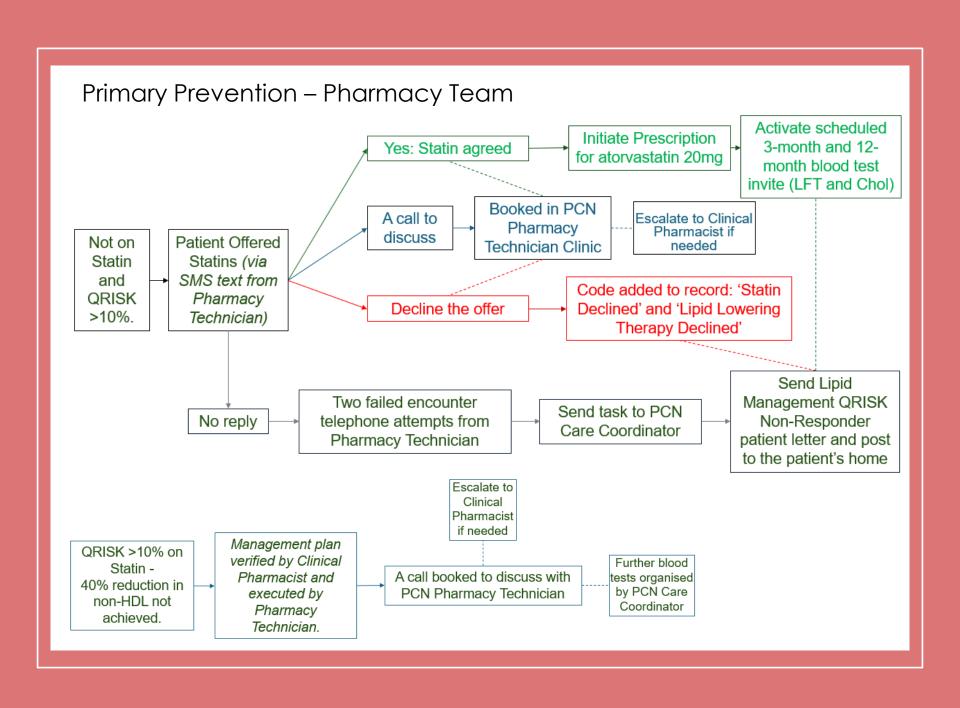
System Level Areas Sex: Persons (Persons) data for PCNs in the same CCG as selected PCN





Primary Prevention – Pathway Initiation

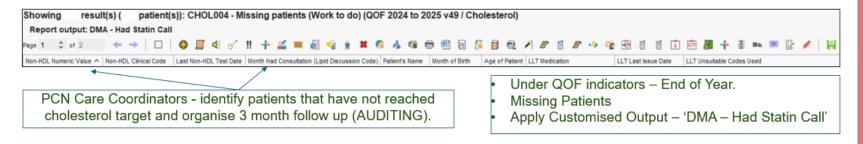




Secondary Prevention – Pharmacy Team



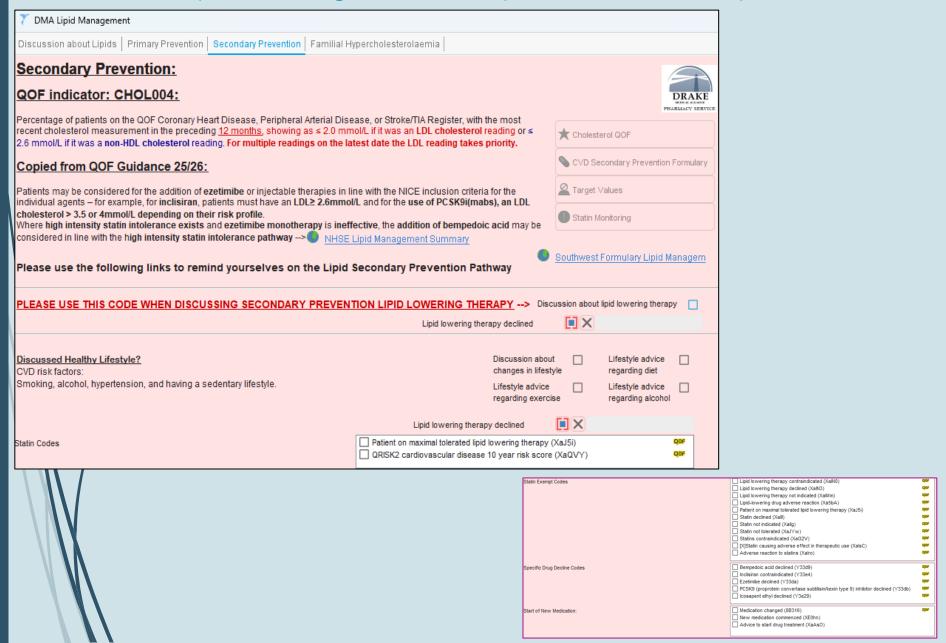
Running in the background



DMA Lipid Management Template – Primary Prevention

| 7 Drake Lipid Management | | | | |
|--|--|--|--|--|
| Discussion about Lipids Primary Prevention Secondary Prevention Familial Hyperical Programmes Primary Prevention Primary Prev | ercholesterolaemia | | | |
| Primary Prevention: | | | | |
| 1. Discussed Cholesterol Levels? What does the test result mean? (From Lab Test Online) Cholesterol levels indicate risk and a lower level usually indicates a lower risk. Ideal cholesterol levels in mmol/L are as follows: | Serum lipids high | | | |
| Total (serum) cholesterol below 5.0 Non-HDL cholesterol below 4.0 LDL cholesterol below 3.0 - BAD CHOLESTEROL HDL cholesterol above 1.0 for a man and above 1.2 for a woman GOOD CHOLESTERO | Rob Surg - Letter to Pt - QRISK Result Above 10% | | | |
| TC:HDL ratio above 6 is considered high risk - the lower this figure is the better. PLEASE USE THIS CODE WHEN DISCUSSING LIPID LOWERING THERAPY> Discussion about lipid lowering therapy | | | | |
| 2. Calculated QRISK? Example of explaining 20% QRISK to "Doreen": "QRISK is a calculation that we use to estimate a patient's 10-year risk of having a card If there were 100 Doreen in a room, 20 Doreen may have a chance of having a heart at NHS England would like us to offer cholesterol lowering medication to patients with m | ttack or stroke over the next 10 years. | | | |
| 3. Discussed Healthy Lifestyle and Family History? CVD risk factors: | Particular Programme Progr | | | |
| Smoking, alcohol, hypertension, and having a sedentary lifestyle. Taking a social history can help you in signposting the patient to any relevant lifestyle a consultation. | | | | |
| 4. Offer Statin? "Statins work by limiting the production of new cholesterol within the body, as well as clearing 'bad cholesterol' from the blood. This aims to reduce the total amount of bad cholesterol circulating in the body and, in doing so, reduces the likelihood of future heart attacks or strokes." | | | | |
| 5. Monitoring and Discuss Side Effects? Patient should have pre-treatment cholesterol levels, as well as to check liver function. three months of starting treatment and again at 12 months to monitor the effectiveness Side effects: Muscle aches. Common side effects are: nausea, constipation, diarrhoea | s of the statin. Advice about side effects of drug treatment | | | |

DMA Lipid Management Template – Secondary Prevention



Software Utilisation

Awareness and harnessing the potential of your clinical system is key.

- AccuRx or Communication Annexe.
- QOF Indicators.
- Clinical Reporting Customised Output.
- SystmOne Templates.
- Read-codes to monitor progress.

AccuRx Text Messages or Communication Annexe

Cholesterol lowering diet

Please follow the links below for hints and tips on how to improve your lifestyle:

https://www.heartuk.org.uk/healthy-living/introduction

https://www.nhs.uk/conditions/high-cholesterol/

Statin QRISK

We've calculated your risk of developing an early heart attack or stroke over the next 10 years to be more than 10%. Based on this, we would like to offer you a preventative medicine called Atorvastatin, Read links below:

https://tinvurl.com/How-to-prevent-heart-attacks

https://tinvurl.com/About-Statins

Please reply to this message if you have read the links provided & would like a prescription, a call to discuss this OR to decline the offer.

High cholesterol statin

Your recent blood test shows that you have high <u>cholesterol</u> and we would like to offer you a statin. High cholesterol puts you at increased risk of cardiovascular events such as heart attacks and strokes.

https://www.nhs.uk/conditions/statins/

https://www.nhs.uk/conditions/high-cholesterol/

Please reply to this message if you have read the information on the NHS website and would like a prescription, a call to discuss this OR to decline the offer.

CKD statin

People with Kidney Disease are at increased risk of heart attack and strokes. As such we would like to offer you preventative medicine called a statin. Read the links below:

https://tinyurl.com/Info-about-kidney-disease

https://tinyurl.com/About-Statid

https://tinyurl.com/prevent-heartattacks

Please reply to this message if you have read the information provided and would like a prescription, a call to discuss this OR to decline the offer.

Diabetes statin

People with diabetes are at higher risks of heart attack and stroke. Statins help to reduce this risk and we would like to offer this medication to you. Read the links below:

https://tinyurl.com/statins-and-diabetes-info

https://tinyurl.com/About-Statins

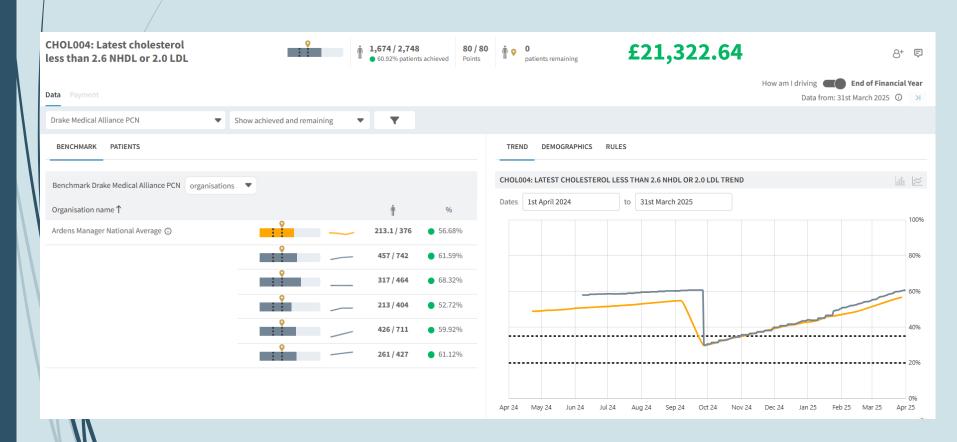
https://tinyurl.com/prevent-heartattacks

Please reply to this message if you have read the information provided and would like a prescription, a call to discuss this OR to decline the offer.

Ardens Manager



- QOF dashboard and red-amber-green status
- Searches by condition
- Assign to staff automatically



Shared Care Prescribing

DRAKE MEDICAL ALLIANCE PCN SHARED CARE AGREEMENT PROTOCOL

| Author and Role | Affreen Mohammed |
|---------------------------|--|
| Monitoring | Lead Clinical Pharmacist |
| Review Date | Yearly |
| Responsibility for Review | Lead Clinical Pharmacist is responsible for reviewing this process |

We welcome feedback on all policy/procedure/strategy and the way it operates. We are interested to know of any possible or actual adverse impact that this policy/procedure/strategy may have on any groups in the respect of gender, marital status, race, disability, sexual orientation, religion, belief, age or other characteristics.

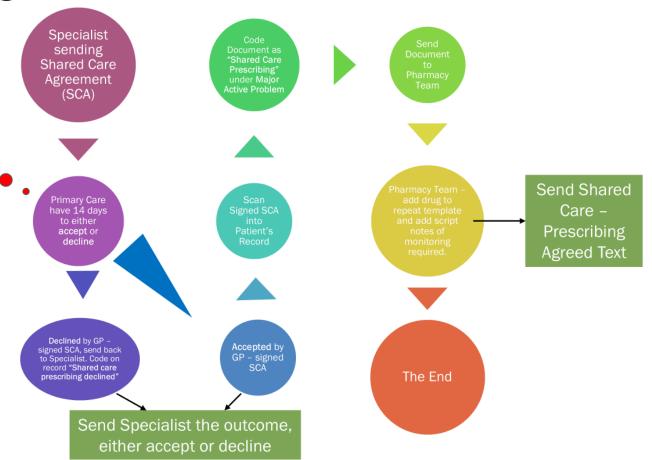
Table of Contents

| 1. | Introduction | 2 |
|----|---|---|
| 2. | Shared Care Drugs List relevant to Drake Medical Alliance PCN | 2 |
| 3. | Roles and Responsibilities of the Primary Care Prescriber | 4 |
| 4. | Acceptance of Shared Care for Medicines | 5 |
| 5. | Declining of Shared Care Agreement | 5 |
| 6. | Process for actioning Shared Care Agreements | 6 |
| 7. | Useful information to be aware of | 6 |

| Version | Date | Version Created by | Version Approved by | Changes made |
|---------|------------|--------------------|---------------------|--------------|
| 1.0 | 31.07.2023 | Affreen Mohammed | Affreen Mohammed | |

The Process

Use DMA Shared Care Prescribing Template (F12)



Shared Care Prescribing

GP Accepts Shared Care from Secondary Care:

Shared Care Request has been reviewed by relevant person and GP accepts and signed Shared Care Agreement. Scan this signed document to the patient's record with the below code as a Major Active Problem:

Shared care prescribing





GP Declines Shared Care from Secondary Care:

If GP declines Shared Care Agreement then please scan onto patient's record with below code as a Minor Active Problem:

Shared care prescribing declined





Send a signed copy of either accepted or declined shared care agreement back to the requesting consultant/specialist.

Task/send the document to the Pharmacy Team to add the shared care drug.

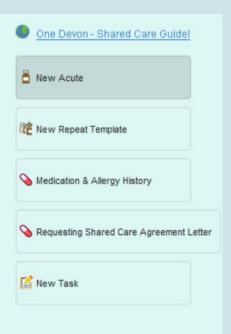
Title of Shared Care Agreement:

- Shared Care Agreement Offer.
- Shared Care Agreement Accepted and Signed by GP.
- Shared Care Agreement Declined by GP.

Admin/Prescription/Pharmacy Team

When the drug is added the person adding it must ensure a 'Script note' is added stating "Shared Care Drug".

When a patient requests a shared care item, Pharmacy admin/prescription clerks or reception staff that are responsible for the process of requesting medication must check monitoring is up to date before issuing the item to be signed. Monitoring reminders can be added to the medication directions, for example: Methotrexate - 'take X tablets once weekly; please attend for 3 monthly monitoring bloods.



Shared Care Prescribing Template

New Pathology Request





Shared Care Drug List

| Drug Name | Adults - Monitoring | Frequency for Adults | Frequency for Children | | |
|---|--|--|---|--|--|
| Atomoxetine | Weight, Pulse and BP | Six monthly | Aged 6 to 10 years old: Weight every 3 months. | | |
| (Strattera) | | | Height, BP, HR, six monthly. >11 y/o: Height, | | |
| | | | Weight, Pulse and BP, six monthly | | |
| Cinacalcet | All monitoring will be undertaken at the renal | All monitoring will be undertaken at the renal | All monitoring will be undertaken at the renal | | |
| (Mimpara) | unit. The specialist will advise the GP on any | unit. The specialist will advise the GP on any | unit. The specialist will advise the GP on any | | |
| | dosage adjustment required. | dosage adjustment required. | dosage adjustment required. | | |
| Dapsone | LFTs, FBC, reticulocyte count | Three monthly | | | |
| Denosumab / | Calcium levels before each dose of denosumab | Six monthly | | | |
| (Prolia) | | | | | |
| Dexamfetamine / | Weight, HR, BP | Six monthly | Weight, HR, BP - six monthly | | |
| (Amfexa, Dexedrine) | | | | | |
| Gonadotrophin-releasing hormones analogues | To monitor the patient's overall health and well | To monitor the patient's overall health and well | | | |
| (Triptorelin - Decapeptyl) | being. | being. | | | |
| (Goserelin - Zoladex) | | | | | |
| Guanfacine | Height, Weight and BMI, HR, BP | Six monthly | | | |
| / | Treight, Weight and Dini, Tik, Dr | Six monthly | | | |
| (Intuniv) | | | | | |
| Haldol Decanoate | Patients under the care of Livewell. | Patients under the care of Livewell. | Patients under the care of Livewell. | | |
| | | | Weight, HR, 8P - six monthly | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | Aged 6 to 10 years old: Weight every 3 months. | | |
| Agussyn, Mediknet, Ritalin, Tranquilys, Xapyliin, | | _ | Height, BP, HR, every x monthly. >11 y/o: | | |
| List of Sho | red Care Di | Clas and | Height, Weight, Pulse and BP, every six monthly | | |
| | ıred Care Dı | ugs und | | | |
| | | then after 1 month. All nations three monthly | | | |
| | | | | | |
| required drug monitoring | | | | | |
| | | | | | |
| | | | | | |

| Sona ropin (Nohiti pin) Zucid el thixol decanoate (Clopixol) | | "To prescribe somatropin by brand including dosage adjustment according to specialist | Hospital Only |
|--|--------------------------------------|---|--------------------------------------|
| (NOTE OFF) | recommendation" | recommendation" | |
| Zuclo e thixol decanoate (Clopixol) | Patients under the care of Livewell. | Patients under the care of Livewell. | Patients under the care of Livewell. |

SCA Patient Status Alert

On the Patient's Home Screen



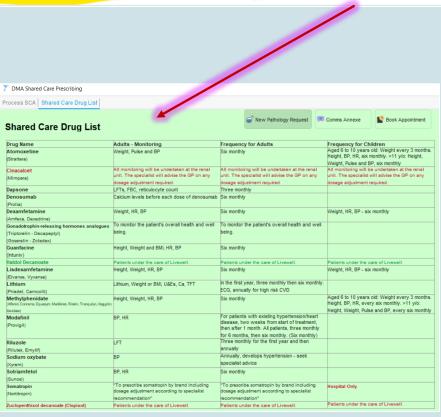
Cervical Cancer Screening overdue - as age 25-49 + done >3y ago Action More

Drug Review Required: - Action More

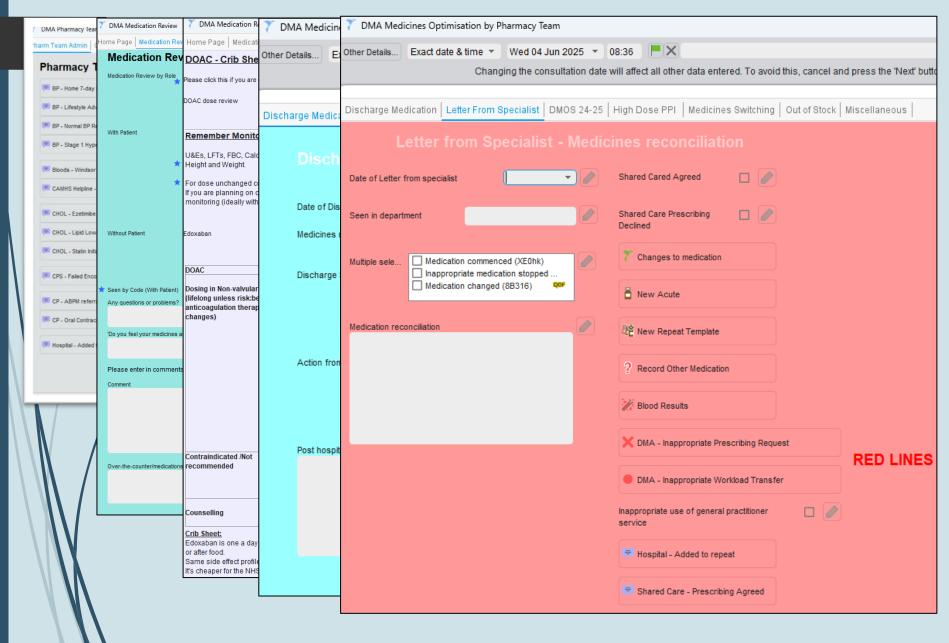
Medication Review Required: - Action More

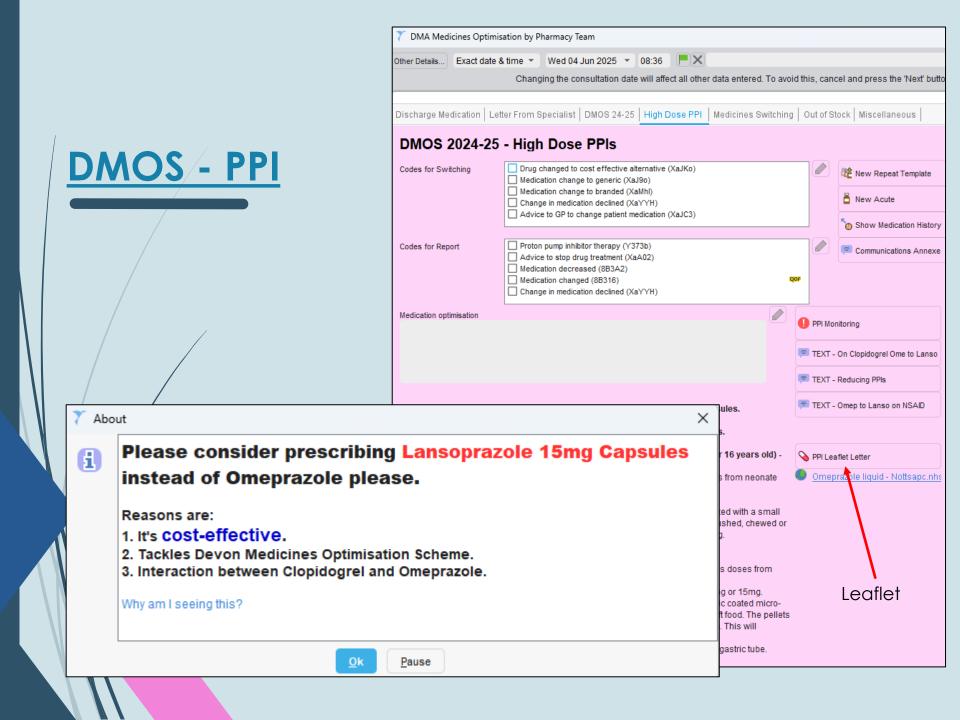
On Dexamfetamine: - Action More

SHARED CARE DRUG: Check Monitoring, click action Action More

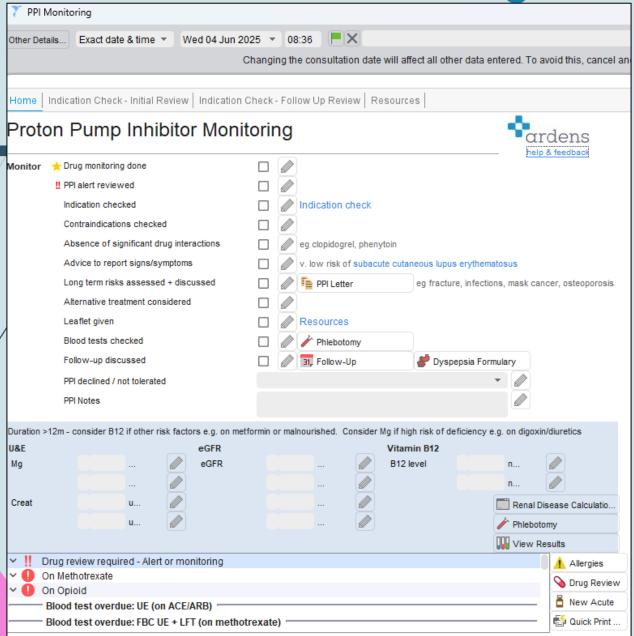


SystmOne Pharmacy Templates



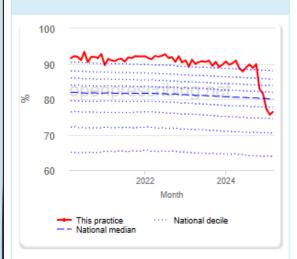


Ardens - PPI monitoring



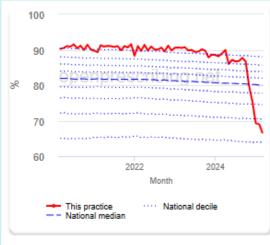
Higher Dose Proton Pump Inhibitors

L83030: NORTH ROAD WEST MED.CTR.



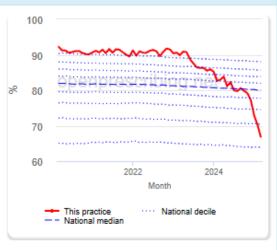
Break the overall score down into individual presentations.

L83089: KNOWLE HOUSE SURGERY



Break the overall score down into individual presentations.

L83076: WYCLIFFE SURGERY



Break the overall score down into individual presentations.

L83048: ROBOROUGH SURGERY



L83147: LISSON GROVE MEDICAL CTR.



~£20,000

Pharmacy Word Templates

Date: <Today's date>



Warking to

Patient Name: <Patier NHS Number: <NHS nr DOB: <Date of Birth> Surgery: <Organisation

Date: 04/06/2025

Dear X

You recently wrote ask

We are sorry that in li (Use as appropriate)

We do not feel compe clinical responsibility f

The initiation of this di

The request is for an u appropriate clinical re

(For shared care reque

We are unable to take clinical responsibility f

We are unable to pres been commissioned a:

We would be grateful hospital FPIOHP. The p

The practice will be tal

Additional comments:

Thank you.

<Organisation Address

Shared Care I

<Patient Name>
<Patient Address>

\ra

QRISK result >10% Letter:

<Recipient Address>
<Recipient Details>

Dear < Patient Name>

You may recall that you recently had some blood tests, which included a lipid profile.

We use the results of this test, alongside other factors like your age, ethnicity, family, and personal medical history to calculate your risk of a heart attack or a stroke over the next 10 years.

The National Institute for Health and Care Excellence (NICE) have suggested that anyone with a risk above

Cardiovascular disease: risk assessment and reduction, including lipid modification: Patient decision aid

To help with making a decision if you would like to take medication, please see the following link:

10% may benefit from a lipid lowering medication and there are several options for lipid lowering medication.

You may wish to discuss this with one of our Clinical Pharmacists in a routine telephone conversation, or you

may wish to follow the steps outlined on the page below, before we check your cholesterol again and try

We have already attempted to contact you via text message and with two telephone calls to discuss your

Unfortunately, we have had no response but would encourage you to contact your surgery to arrange a

If we have not heard from yourself within 14 days from the date on this letter, we will no longer be contacting

you with regard to this matter. This is so that we can use our limited capacity to support other patients who

A code will be put on your notes stating "Lipid lowering therapy declined" because it is the only code, we can

However, should you change your mind please do contact the practice's pharmacy team for a further

apply to help us manage our workload and focus on those interested in pursuing this offer.

This is known as your QRISK

24/05/2023 (nice.org.uk)

Your ORISK score was < Numerics>

and reduce your risk without medication.

wishes in light of your raised QRISK score.

have expressed an interest in lipid lowering treatment.

This means you have a ... % risk of a heart attack or a stroke in the next 10 years.

Re: Shared Care Agree Patient: <Patient Name:

Dear Consultant/Secreta

NHS Number: <NHS nu

<Patient Name> is cur Service and subject to sh

As you will be aware, declaration from a consu providing clear instruction

On review of the patie

therefore unable to und

Shared Care Guidance https://onedevon.org.uk/o prescribers/

We hope you have found this informative

Pharmacy Team

We would be grateful if you would please complete and send a Shared Care Agreement back to the surgery for the Clinician to review as soon as possible to avoid and delay to recommended treatment.

Completed agreements can be emailed to: (enter surgery's email)

Should you have any questions or concerns regarding this matter, please do not hesitate to contact the surgery.

Yours faithfully,

Important steps to reduce cholesterol and reduce risk include:

 Stop smoking if you smoke – this is the single biggest risk. If you are a smoker, please see links below if you would like help with this:

https://www.oneyouplymouth.co.uk/stop-smoking https://www.nhs.uk/better-health/quit-smoking/

Have your blood pressure checked at least every 5 years to ensure it is not high enough for us to
advise drug treatment. Advice on how to do your blood pressure at home, please see the following links:
https://www.bhf.org.ub/bloodpressureathome

https://www.youtube.com/watch?v=GSNZVaW1Wg4

https://bihsoc.org/wp-content/uploads/2017/09/How to instructional leaflet.pdf https://bihsoc.org/wp-content/uploads/2017/09/Home blood pressure diary.pd

Keep your weight reasonable - ideally below a body mass index (BMI) of 25. If you want to lose

weight, there are various organisations that can help you with this. Please see below, some information: https://www.nhs.uk/better-health/lose-weight/ https://www.oneyoup/mouth.co.uk/eat-well

Changes to diet can improve cholesterol:

Eat at least 5 portions of fruit or vegetables per day.

- Reduce dairy products, red meat, and fried foods. If you like to eat meat, lean meats such as chicken or turkey are better.
- Eat more oily fish.
- . Use vegetable oils rather than animal fat when cooking.
- Take regular exercise. The ideal is 5 or more periods per week of more than 20 minutes of exercise which is hard enough to raise your pulse rate.

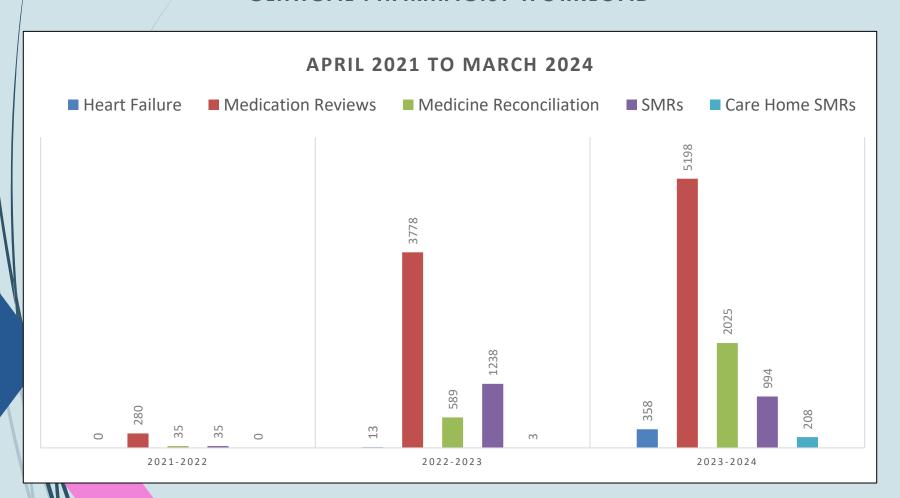
Information on how to achieve this, please see this link: https://www.nhs.uk/better-health/get-active/

 Don't drink too much alcohol: maximum 2 units daily for women and 3 units daily for men; ideally have two or more "alcohol free days" each week. Advice on this can be found here:

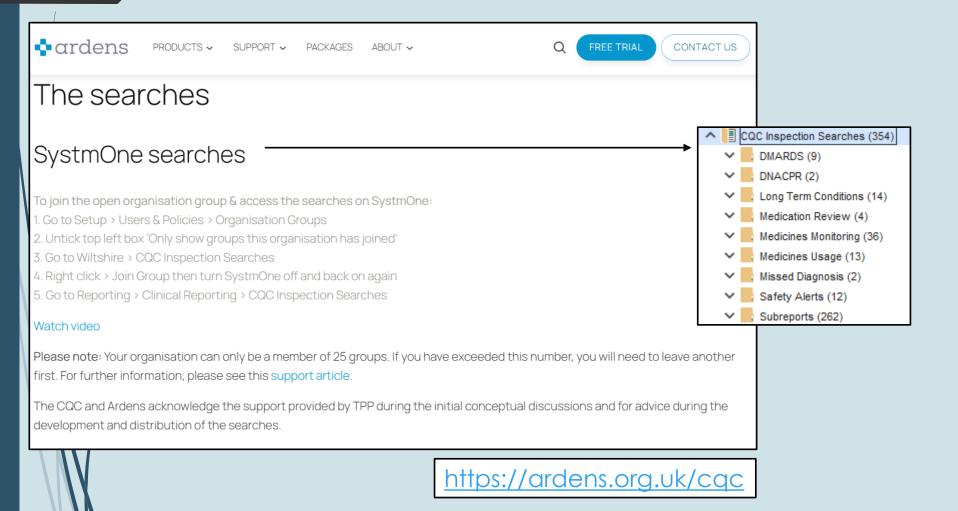
https://www.nhs.uk/better-health/drink-less/



CLINICAL PHARMACIST WORKLOAD

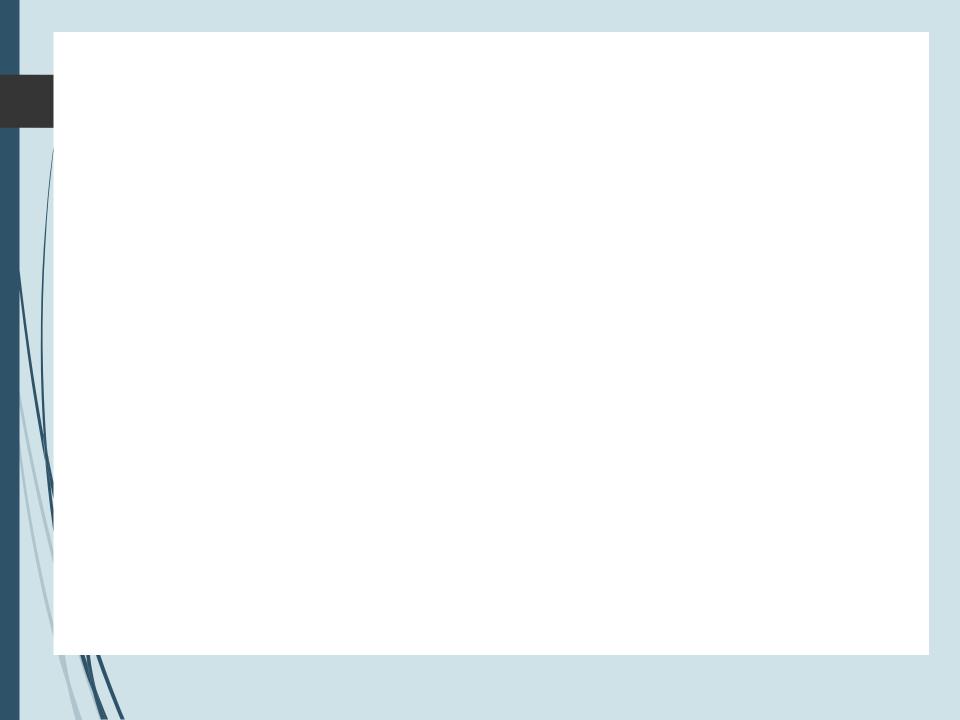


CQC Searches



Practice Index

- Safety Alerts
- Learning Events
- Significant Events
- Policy Library
- ► HR Appraisals, Records, Holidays



Summary & Key Messages



☐ Digital = Clinical Power: Tools like Ardens and SystmOne improve care, not just admin.



Empower Your Pharmacy Team: Delegate statin initiation, SMRs, shared care monitoring.



Data-Driven = Income-Driven: QOF gains.



Think Pathways, Not Tasks: Build digital pathways from invite to follow-up.



Start Small, Scale Smart: One template. One audit. One win at a time.

Thank You

Any questions?

For further info or collaboration:

Affreen (Affy) Mohammed
 IP Lead Clinical Pharmacist and Pharmacy
 Service Manager
 Drake Medical Alliance PCN
 Email: affreen.mohammed@nhs.net

